


KINDLY  
ALLOW ME TO  
PUNCH THE NEXT  
PERSON WHO SAYS

THEY WISH THEY  
COULD HAVE  
YOUR DIET





When life  
only gives you  
so many Spoons,  
**I WON'T PRESSURE  
YOU TO USE  
THEM ON ME**

I promise not to  
tell you to  
**JUST BREATHE**  
because I don't actually  
**KNOW HOW HARD**  
it is

*(but I'm always here for you)*